

The Good News

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THE CHURCH OF GOD

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Your Part in Changing This World

God's Church has been commissioned to reach this entire world with a MESSAGE. His work is NOW starting around the world. It is vital that you understand YOUR job fully! What does the future hold for YOU?

by Roderick C. Meredith

AS MANY of you know, Mr. and Mrs. Armstrong, Dick Armstrong and I just recently returned from Europe. What we found there has stirred us to realize the scope of what lies ahead for God's work and His church.

Brethren, God has opened your eyes to see that He is using Mr. Armstrong—and this work—to proclaim His message to this dying world. God reveals that you must do your part in this work.

You KNOW these things. God has made the fruits very evident that this is His church—His called-out people in this last generation of the present age. And now you feel that you belong to this church—God's church.

But do you realize that God's church is a living, active, dynamic, growing spiritual organism—that it has a very definite job to do—and that anyone who is not doing his part in accomplishing that work will soon be cut off, by God Himself, from being a part of His true church?

Do you realize the full extent and scope of the work Christ gave to His church in this age-end? Do you understand and are you busily and zealously DOING your part in this work?

Or are you just "drifting," and perhaps just KIDDING YOURSELF that "all is

well" when, in reality, all is NOT well!

Your Mission in Life

If you are an active member of God's true church—the only type of Christian who will be spared in the coming tribulation—you have a solemn responsibility to do your utmost to aid in furthering the mission of God's Church. This should be your whole PURPOSE in life. It should be the thing that gives your life meaning—and ties in your daily activities with the great PLAN God is working out here below.

I beseech you as the apostle Paul said, "to present your bodies a LIVING SACRIFICE, holy, acceptable unto God, which is your reasonable service" (Romans 12:1).

As Jesus said, if you seek to save your life, you will LOSE it. But if you lose your life—if you GIVE your life to God as a "living sacrifice"—you will SAVE it (Mat. 16:25).

Very few of you fully comprehended the full meaning of baptism when this ordinance was performed. But perhaps you do realize that when you were baptized—going down, symbolically, into a watery grave—that this was to signify the DEATH of your old self (Romans 6:3)—and that you acknowledged that

Jesus gave His life in your stead—He bought and paid for YOUR wretched, sinful life with His perfect life. Your life does not belong to you any more—it belongs to Him. "For ye are bought with a price: therefore glorify God in your body, and in your spirit, which are God's" (I Cor. 6:20).

If you will faithfully GIVE YOUR LIFE to God—becoming an active instrument in whatever way He chooses to use you, then you will remain in God's church and will be greatly rewarded when Christ returns. But if you try to take your life—which now belongs to God—and use it for your own human desires, then you will quickly be put out from God's true church (even though you might remain physically a part of it for some time), you will be out from under God's protection, and you will suffer God's wrath if you live until Christ's return.

This is SERIOUS BUSINESS!

Your life is either given to God—or you are on mighty dangerous ground!

Your mission in life, then, is to study, pray, fast, and seek zealously in every way to present your human body—and all of your talents—as a living sacrifice in carrying out God's work here on earth.

And what a *challenging mission* it is!

The Job Ahead

Events in Europe are moving *faster* than most people realize. It is *vital* that God's message goes out *very soon* to France, Germany, Italy, Spain, Portugal and other European countries *before it is too late!*

Many of these countries are just "ripe" for the true gospel at this time. The French are disillusioned and disgusted with the world *and*, in many ways, with the Catholic church. So are the Italians—many of whom are Catholics in *name only*. Millions are turning to Communism as a desperate hope to solve their troubles. They are seeking for *something* . . . they need God's TRUTH!

In West Germany, thousands of spiritually starved people recently turned out to hear a popular evangelist of this world who denies the *law of God*. But these people were *hungry* even for crumbs of spiritual food. An overflow crowd jam-packed every speaking place. Many German minds and hearts are still open to receive God's truth. They have not been poisoned again with the drug of Nazi ideologies—not *yet*.

In Spain, I found in talking to many of the common people that countless thousands of them are fed up with the superstition, the fear, and the corruption so prevalent in the church-state dictatorship which so rigidly controls their lives. They would *welcome* God's truth if He would open a door by which we could reach them. And IF we do our part, He *will!*

Remember that the first commission to all of us in God's church is to see that the *true gospel* is preached to *all nations* as a *witness* (Mat. 24:14). After that, and secondary to it, we are to *feed the flock*—teach and strengthen those in God's church (John 21:15-17).

Think of the *responsibility* God has placed on each of our shoulders—for if we really belong to Christ and His church; we must each do *our part* just as certainly as Mr. Armstrong does his. Think of the *millions and millions* of people we have not yet even begun to reach!

Not Much Time

Consider the amazing rapidity of Germany's post-war recovery and the fact that we are now in the process of granting her *full sovereignty* and her *own* army. Notice the news releases about Hitler's former Generals coming back into power—and the fact that Neo-Nazi rallies are beginning to draw a huge following. Remember the fact Europe is called a "powder keg"—a place where uprisings and wars start suddenly, unexpectedly.

What does it all mean?

Simply this—that we must reach many of these nations in Europe within a very few years *or it will be too late!*

Once this revival of the old church-state Roman system takes place, it will be *impossible*—humanly at least—to reach many of the European nations with God's truth. God *will* see to it that these nations are reached. But as in the time of the apostle Paul, the *extent* to which they are reached and number of people *converted* as children of God—coming under His protection during terrible events to come—all this is affected by the *diligence* and *ZEAL* with which *every one of us* does his part to further God's work.

Note God's warning about a time soon to come: "The time is coming, says the Lord Eternal, when I will send a FAMINE on the land, no famine of bread, no drought of water, but OF HEARING THE WORD OF THE ETERNAL" (Amos 8:11, Moffatt).

That time will undoubtedly fall in Europe even *before* it does here in America! We have to be *BUSY* doing God's work while it is still *day*—for the *night* is drawing near.

We *MUST* reach these nations in Europe *soon*. These people are just as *real*—and they are just as *kind* and *friendly* on the whole—as the people we all love here in America. And as we realized when we met and baptized some in England last summer, once these people are truly converted and filled with God's Holy Spirit, they are as wonderful as any people on earth. In the resurrection, they will be part of *our family*—*God's family*.

God help you to have real *compassion* for these people in Europe, and the millions of others throughout the world that we are to reach with God's message. Each of us can have a part in *changing* their entire lives—and bringing them into *God's own family!*

Your Part

In giving yourself as a *living sacrifice* to God, you have to carry out this "giving" of yourself to His service day by day. You will have to intelligently *study* and *pray* in order to have more of the *mind* of God, and the *wisdom* of God, in directing your life.

You *MUST* keep your eye on the *big goal* of the church as a whole—on getting the gospel to *all nations* as a "witness." You will have your own *personal* problems and trials to overcome. But even these will be made easier if your chief concern is not "*self*"—but the *work of God*.

In I Corinthians 12, Paul explains that God gives to each one of us in His church different gifts and abilities, but it is *God* who is working through each individual and that each part of the

job *God* is doing is as important as any other part.

God divides spiritual gifts to each man as He *wills* (verse 11), but in I Cor. 14:1 we are told to *desire spiritual gifts*. Remember that God gives spiritual gifts according to our natural ability, so each of us must strive to increase in wisdom, knowledge, and all around ability in order to be qualified for the greater gifts.

Many of you brethren will find that you should take further schooling and training—perhaps a correspondence course—which will not only prepare you to serve as a more effective "light" to others now and for a higher position in God's kingdom—but will also result in a greater earning capacity, enabling you to live a fuller, more abundant life and also to have much more to give to the work of God.

You see, we are to become *like God* in every possible way. That means we *must* grow in *knowledge, wisdom, ability*, as well as in faith and love. God's way not only makes us better able to help in His work, but it also enables us to live a fuller, happier personal life. God's way is *always* best!

But brethren, take *your part* to heart. This work of God *MUST* expand *rapidly* in the next very few years. To a great extent, this growth depends on *your spiritual growth*, your *fervent prayers*, and your *tithes* and *generous offerings*. God knows this, and if you are His children you will know it too—and act accordingly.

Be sure you keep up with world news, and study about other nations. Obtain a good map, and familiarize yourself with them. After all, God has *chosen you* to have a part in *CHANGING* this world!

And as you learn about these nations, *PRAY earnestly* that God will open up the doors of truth so that we may reach them with Christ's gospel.

As many of you know, we need ministers to start churches in England *right now*. But as in Jesus' time, "the harvest truly is plenteous, but the laborers few" (Mat. 9:37). Ask God *earnestly* to provide more ministers of *His* choosing to carry out this work.

And lastly, be *constant* with God's tithe and your generous offerings. Ask God to help you employ your abilities so that you may give more to His work. And pray continually that *God* will call others who are able to see His truth, and to bless His work at this time. This may be material wealth, but it is to carry out a *spiritual message*—the *last hope* of this dying world! It will build up real, *lasting* treasure in heaven.

Does this sound like asking too much? TOO MUCH?

(Please continue on page 8)

SALVATION is EDUCATION

Modern education is failing to train young people adequately. The primary reason for this failure is that men have forgotten that this life is a training period in which we are to learn to become like God.

by Herman L. Hoeb

IT IS TIME we understood the facts behind the present educational system that grips the world.

This world is sick! It is suffering from a poison that is paralyzing the whole of society. This poison attacks the *minds* of our children. The poison is **WRONG EDUCATION!**

What EDUCATION Really Is

Education is not merely gained in classrooms from books. *Genuine education* includes much more—a lifetime of acquiring knowledge, of practical experience and of travel.

Proper education ought to be defined as the **ART OF SUCCESSFUL LIVING.**

By this definition very few are really becoming educated. Too few children are being taught how to live. The present educational system is based upon a mixture of truth and error. Let's understand *why*.

The source of education is God! But God is not accepted in the schools. The world has forgotten what Solomon said: "The Eternal giveth wisdom: out of His mouth cometh knowledge and understanding" (Pro. 2:6).

Every human being, as long as he is separated from God, can never become fully educated, no matter how great his material knowledge may be. Complete education involves **SPIRITUAL VALUES.** The truly educated person becomes physically, mentally and *spiritually* matured. Since the natural mind, cut off from God, cannot discern spiritual values, *only those who are being converted can become fully educated.*

Conversion means a change of mind, a change of behavior. It is not accomplished in a minute—it is **YOUR** lifetime study and work. It is the educational process of growing to complete maturity. Unless you are improving yourself in your own home or on the job, you are not becoming *converted from MAN into GOD.*

To convert anything means to change it. We are to become converted into God! Now we are physical, carnal. We are to become spirit, born into the God family. That means we are to begin to think, act, behave like God. We learn how God thinks, acts and behaves from the Bible. The Bible is therefore our basic *textbook.* With the Scripture as a basis, God wants us to *add* to our fund

of knowledge whatever man can discover for himself.

I don't think we fully grasp the great mental and spiritual power of God—His ability and intelligence. If we did we would want to develop a great deal faster than most of us are doing. We would become more zealous, more studious. We would want to broaden our outlook, to acquire interest in new fields. We would not let our minds stagnate. To put it bluntly, when compared to God, some of you will only be *morons* in the Kingdom of God—unless you begin to apply yourselves. Is that what you want to become? As a *son* of God do you want to disgrace your heavenly Father?

Conversion is serious business. It is far more important than the learning of the educational institutions of this age.

Now let us understand how faulty education commenced and what you can do about it.

How Faulty Education Began

We are living in the climactic age when six thousand years of the wrong kind of education is finally bearing its fruit. The present educational system is a **COUNTERFEIT SCHEME** of God's plan of conversion. It can readily be traced to the events in the garden in Eden. Notice how Satan commenced his scheme.

God instructed Adam in right and wrong. God, then, was the teacher—the Supreme Teacher. He imparted **KNOWLEDGE** to the man—knowledge which the man was to act upon. The man was to obey the instructions of his Teacher. Adam knew right from wrong. He was **NOT** deceived. What did Satan do?

Did he commence by rejecting the previous instructions of God? No! He first planted *doubt* in the mind of the woman. Then he *perverted* what God said. He appealed to greed and vanity. He implied that God wanted man chained to ignorance. Here are Satan's words: "God doth know"—but He hasn't told you—He has concealed it from you—"that in the day ye eat thereof, then your eyes shall be opened (to understanding), and ye shall be as gods, knowing good and evil" (Genesis 3:5).

Observe that the devil promised man knowledge. God had given man the way

to knowledge, but the adversary offered *another way* to acquire it. All man needed to do was to throw off the authority of God's instruction. Man could solve his own problems apart from the Creator, said the devil.

This is the origin of today's educational system! It began by questioning God's function and prerogatives. It began by launching man on the road of human search for understanding without God—the way that *seems right* to material man, but which will end in destruction (Pro. 16:25).

Unlearning Error

Conversion involves the process of unlearning as well as of learning. We have to study and prove all things—to check into the ideas which we have taken for granted. Let's take note of the classic example of Moses.

Moses was trained in Egyptian education for 40 years. Stephen said of him: "Moses was learned in all the wisdom of the Egyptians, and was mighty in words and in deeds" (Acts 7:22).

Egypt possessed the wisdom of this world. So thorough had been his training that Moses had to undergo another 40 years *unlearning* the errors which he acquired in Egypt. It was only when he had unlearned those errors that God used him and he became mighty in words and in deeds. Moses didn't let down in his studies—he made use of his previous training in Pharaoh's court schools by directing his training into the right channels.

Through Moses God communicated His plan of education which the world rejected at the beginning. God revealed to Moses and to Israel His perfect laws, together with an additional fund of knowledge embodying the history of man from Creation. To preserve this **PRICELESS** heritage, God gave them *three great principles.*

First: Parents are to train and instruct their children. The neglect of this obligation by parents and their failure to teach this duty of parenthood is the primary cause of all world ills. To insure education in the home God made marriage **UNBREAKABLE** except by death. Notice the Bible exposition of this principle: "Ye *shall* teach . . . your children, speaking of (God's instruction) when thou sittest down, and when thou

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rise up" (Deut. 11:19). This same command is repeated by Paul in Ephesians 6:4.

Second: Ministers and teachers whom God has called are to instruct the parents, including children, in the ways and the laws of God. The commandments are "exceedingly broad" said David (Psalm 119:96). They constitute the broad foundation of all knowledge which ministers and teachers in the church must communicate to the people. In Lev. 10:11 the ministers are commanded to "teach the children of Israel all the statutes which the Lord hath spoken unto them by the hand of Moses." And again in Malachi 2:7, we read: "For the priest's lips should KEEP KNOWLEDGE; and they should SEEK THE LAW AT HIS MOUTH: for he is the messenger of the Lord of Hosts." The New Testament ministry is to carry on this same function.

Christians are to do the works of Abraham, who was both parent and prophet. Of him we read: "He will command his children and his household after him, and they shall keep the way of the Eternal, to do justice and judgment" (Genesis 18:19).

Third: Special skills are to be taught by those trained in each particular field of occupation. We read in Exodus 35:34, 35 about technical training: "He (God) has also given him Oholiab the son of Ahisamak, belonging to the clan of Dan, ability TO TRAIN OTHERS endowing them with skill in every skillful craft in engraving, in decorating, in handling violet, purple, and scarlet yarn, in working with fine linen, in weaving, and in all sorts of trades and arts" (Moffatt rendering).

Notice that God did not require the Levites (His ministers under the old covenant) or the parents to train their children in technical fields—that was reserved for specialists.

This is God's plan for education. It is a perfect balance between the home, the church and trade schools. Nations do NOT follow this procedure today.

RADIO LOG

"The WORLD TOMORROW"

Herbert W. Armstrong analyzes today's news, with the prophecies of The WORLD TOMORROW!

TO ALL OF EUROPE
 RADIO LUXEMBOURG — 23:30
 Mondays, Greenwich time.

TO ASIA & AFRICA RADIO CEYLON

Tuesday: 10:15-10:45 P.M. India-Pakistan Beam and Ceylon Beam.

Wednesday: 11:30-12:00 noon African Beam. 5:15-5:45 P.M. S.E. Asia Beam.

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 ABC NETWORK, TRANSCONTINENTAL—Every Sunday. Consult local newspaper radio schedules for time and station.

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WLW—Cincinnati—700 on dial—Sundays, 10:30 P.M. Central time.

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WWVA—Wheeling, W. Va.—1170 on dial—Sundays, 11:05 P.M. Eastern time.

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Our Babylonish Educational System

Babylon means confusion. Our educational system is a confusion of truth and error. It is the outgrowth of what commenced at Babel. It spread to all nations and has been transmitted through all generations.

It is of value that we acquaint ourselves with the facts behind the present educational system—then we will see clearly why God's pattern, which the Church of God uses today, is right.

It did not take the ancient Egyptians long to corrupt the three basic principles of education. At the dawn of its history, Egypt had the professional teacher—priests who believed in the idea of making priests the ONLY POSSESSORS OF KNOWLEDGE and in keeping the masses in general ignorance. Only the highest were instructed so that the few could rule the many through ignorance and poverty. No wonder that Egypt is the basest of nations (Eze. 29:15-16).

In ancient Greece, the leaders tried to have family life and family ties totally abolished. Aristotle, the great philosopher, allowed the family unit to remain, but he regarded it as likely to affect children more for evil than for good. Apparently in his day parents were not properly training their children. In place of the parents, the State took over responsibility for educating children—sounds like our public school system, doesn't it?

In Athens, a city-state of ancient Greece, education emphasized the intellect. Here developed rhetoric, training in the skills of public speaking. Notice how the training was applied: "For all the Athenians and strangers which were there spent their time in nothing else, but either to tell, or to hear some new thing" (Acts 17:21). This pointless Greek philosophy has filled many of our American higher institutions of learning.

Roman education was originally practical, civic and moral. Youths were taught Roman law—not God's law—by hearing their fathers decide cases of clients in the halls. This was gradually supplanted by the Greek system. After the fall of the Roman Empire, the Catholic Church collected the pagan teaching and doctrines of ancient Rome. The priestcraft dominated education and kept the people in superstitious ignorance for a thousand years!

In the Middle Ages state universities were founded—under the control of the Church. Later grammar schools were founded in connection with cathedrals, and trade schools in connection with medieval unions. Materialism was slowly emerging. Little schooling occurred until after the unstable 18th century.

(Please continue on page 7)

Are Animal Products *good food*?

Should adults drink milk? Are animal products—especially milk—mucous-forming, and therefore harmful?

by Herman L. Hoeb

DIET PLAYS a major role in maintaining good health. But in determining a proper diet, it seems that people swing from one extreme to another.

It is high time to wake up to the errors of "health food fanatics" who think themselves wiser than God.

We have all come to realize that many commonly eaten foods *are* harmful to the body. However, let's not become unbalanced by rejecting foods *which God created to provide us with radiant health.*

Health Fanatics, Too!

In this health-conscious age, you hear "experts" voicing their opinion on diet and nutrition. Yet few people realize that these self-styled "informed" individuals are often quite *uninformed*—even completely ignorant of the *truth* about foods and sound nutrition.

Whenever people become conscious of a *new truth*, there will always be those who seek to profit by it—by corrupting and perverting the truth to earn a living for themselves. This situation occurred in apostolic days when the *new truth* of the gospel was corrupted. Today, fake nutritionists and health lecturers clutter the land with their books, pamphlets and class lectures. It's time to *wake up* to the errors floating about and begin to prove ALL things.

In the maze of "health" literature, scarcely a food commonly included in the human diet has escaped condemnation. Besides the refined foods—most of which can be *proved* harmful—basic ones such as salt, meat and milk have been accused of causing ill health. And many people have been led to feel conscience-stricken if they dared to eat them.

As an example, some contend that cows' milk is nowhere mentioned as a food in the Bible—therefore not meant for adults to drink. Others even go so far as to say that nothing made from cows' milk should be used.

Let's find the TRUTH!

Paul's Warning for TODAY!

The apostle Paul wrote a pertinent warning for us today. Open your Bibles to I Timothy 4:1-5. "But the Spirit saith expressly, that in later seasons"—that includes today—"some shall *fall from the faith*, giving heed to deceiv-

ing spirits and teachings of demons, *through hypocrisy of lying speakers*, their own conscience branded . . . commanding to abstain from meats"—the original inspired Greek word means "foods" in general—"which God created to be received with thanksgiving by them that believe and know the truth . . . nothing is to be rejected, if . . . it is sanctified through God's word." (Panin trans.)

Notice, some fall from the faith by erring on matters of food and diet, by rejecting the Word of God! It is a dangerous matter to be wrong.

I personally have attended a sufficient number of public lectures on health to KNOW that some speakers are deliberately misrepresenting facts. They crave a following. They have literature *to sell*. One lecturer in Pasadena admitted he was a direct instrumentality of the evil one. He based his lecture on hidden knowledge he claimed he acquired by "partaking of the tree of *knowledge* of good and evil." This is exactly what has been occurring these past six thousand years—men think that only through *experiencing* various diets can they know which foods are harmful. But this is NOT the right way to learn. For after all this time no two health lecturers fully agree on proper food habits.

Why can't we see that GOD'S WORD *alone* gives us the true principles of diet and nutrition?

Now for a specific case. *Should adults drink milk?*

Cows' Milk in Scripture

First, you should understand that the word "kine" is an old English expression for *cows*. Isaiah 7:22 and 23 prove that milk from cows (kine), as well as milk from goats and sheep, was used. Open your Bibles to these verses: "And it shall come to pass in that day, that a man shall nourish a young *cow* and two *sheep*; and it shall come to pass for the abundance of milk that *they* shall give, he shall eat butter . . . everyone that is left in the land."

Notice that because of the abundance of milk that the stock give—especially because cows provide such quantities of milk—not all the milk can be drunk fresh; some will be skimmed for butter or cheese. Here, certainly, is *no condemnation* of milk for *adults*.

From Genesis 18:8 we learn that Abraham served milk to his visitors. One of these visitors was the God of Israel—the One who became Jesus! This is the example of Jesus! Are we going to follow it?

When the Eternal called Canaan "a land flowing with milk and honey," He was referring to all kinds of *fresh* milk. Because of the abundance of cows' milk, what was not drunk, was left to sour or curdle.

Numerous incidents in the Bible prove that *fresh* milk was commonly used by adults. Every Old Testament passage translated "milk" comes from *chälab*, the inspired Hebrew word for *fresh milk*. Notice what the *Imperial Bible Dictionary* states under the article "Milk": "The proper equivalent to this in Hebrew is *chälab*, and it denotes milk with reference to its richness or fatness, consequently sweet and fresh. Milk, in a sour, or in a coagulated state, went by the name, *chemah*, and in our version is translated"—often improperly—"butter. From the earliest times milk has always formed an important article of diet among the people of the East . . ."

When the word "milk" is used alone it usually refers to cows' milk. When fresh milk of sheep and goats is specifically intended it is called "goat milk" or "sheep milk" (Deut. 32:14; Pro. 27:27). The word "butter" in the King James version is more properly rendered curdled or sour milk or cheese, as in Deut. 32:14. In Proverbs 30:33, however, it means butter curds, not cream or cheese, as butter is formed when milk is *churned*.

In II Samuel 17:29, "cheese" is translated from the Hebrew word "*shaphab*." It comes from a root word meaning "to cut"—showing that a hard cheese is meant.

Temperance in All Things

In these passages we have ample proof that both butter and cheese, as well as milk, are recognized as wholesome foods—as part of the blessings from God. Paul's statement that a babe uses milk (Heb. 5:13-14) does not mean that milk must not be used by adults. Adults *add* stronger foods to their diet, but still need milk.

Intemperate indulgence of good foods, however, often makes us allergic
(Please continue on page 6)

RECIPES for EVERYDAY

by Isabell Hoeb

PREVIOUS articles in the "Good News" have discussed proper methods for cooking meat and vegetables without any specific recipes being included. At the request of many of you, we have decided to publish in this issue a few tested recipes which we believe will add variety and value to your daily meals.

The following main-dish recipe has a barbecue flavor that you will enjoy.

Beef in Spicy Sauce

For the meat portion, select lean veal or less tender cuts of beef such as heel of round or cuts from the chuck or brisket. Trim off excess fat before dicing it.

Cut 1½ pounds of lean meat into cubes approximately 1½ inches square. Mix together 2 tablespoons of flour, ½ teaspoon dry mustard, ¼ teaspoon black pepper and one teaspoon of finely crushed or ground dried basil. Roll the meat cubes in this mixture, coating each piece well.

Slice 1 large onion and 1 green pepper.

Heat 2 tablespoons of oil in a skillet, add a finely chopped clove of garlic and the meat cubes and brown quickly on one side. (To brown the cubes on all sides toughens the meat and destroys food values unnecessarily. All you need is enough browning to add flavor.) While the meat is browning, heat in a separate pan one 8-ounce can of tomato sauce and one 3-ounce can of broiled chopped mushrooms with their liquid.

When the meat has browned, spread the sliced onion and green pepper over it and pour the hot sauce over all. Cover and simmer 45 minutes or until the meat is tender. Serves 4 people generously.

The dry mustard is a powdered form

of mustard that may be purchased in any grocery store. The tomato sauce is sold in small cans containing 8 ounces (1 cup). Buy brands that do not contain added sugars such as dextrose, if possible. The ingredients will be listed on the label.

Basil (or sweet basil) is an herb that may be purchased either in the ground or whole form. If the whole kind is used, rub it through a wire strainer to break it into finer particles.

If you do not happen to have meat to provide protein for your meal, then have a dish that includes milk, eggs or cheese. Any of these contains protein equal in quality to that found in meat.

Carrots and Beans *Au Gratin*

Cook 3 cups green beans and 3 cups sliced carrots in a small amount of water until tender. Add about 1 teaspoon of salt and pour them into a glass or pottery baking dish. Cover them while preparing the following.

Cut one small onion fine and mix it with ¾ cup soft whole wheat bread crumbs. Melt 2 or 3 tablespoons of butter in a skillet or pan over a low fire, add the crumb mixture and let simmer a few minutes. Remove from heat.

Put 2 cups of milk in a pan over a low fire to heat. Mix 3 tablespoons of flour with ½ cup of milk to a smooth consistency. When the milk begins to bubble, pour in the flour-milk mixture all at once and stir vigorously until it thickens. Remove from the fire and add 1 cup grated mild American cheese.

Pour this sauce over the beans and carrots, sprinkle the onion-bread crumbs over the top and place in a moderately hot oven a few minutes to heat through. Serves 6 people.

Soft bread crumbs are made from

bread more than one day old but not yet dry.

For additional flavor and value, beat 2 eggs until light and add them to the white sauce just after it is removed from the heat but before adding the cheese.

If desired, canned vegetables may be used. Drain the juice from them into a pan and simmer until it is reduced to ¾ or 1 cup of liquid. Substitute it for an equal quantity of the milk in the white sauce.

A good salad adds zest to any meal, and may even be a meal in itself, depending on the ingredients used.

Apple-Cottage Cheese Salad

Combine: 1 cup cottage cheese

1 cup coarsely diced
unpeeled eating apple
(1 medium apple)

⅓ cup finely diced onion

½ cup thinly sliced celery

Place in a covered container in refrigerator to chill. To serve, place individual portions in cupped lettuce leaves. Mix ⅓ cup French dressing with 2 tablespoons of chopped sweet pickle to pour over the salads at serving time. Basic French Dressing: Mix ¼ teaspoon salt, ⅛ teaspoon black pepper and 1 tablespoon of mild vinegar. Then gradually whip in 4 tablespoons (¼ cup) salad oil. A little sugar is sometimes used also.

If you have sour cream, a dressing made by thinning ⅓ cup of sour cream with pickle juice to make the proper consistency is better than the French dressing. Use the chopped pickles the same as in the French dressing. This amount of salad will serve 5 or 6 people.

Are Animal Products good food?

(Continued from page 5)

to them in later life. Then we wonder why we cannot properly digest them.

A great deal of literature is being published to the effect that milk and other animal products are not good for the body—that they are mucous-forming. What several of the writers fail to state—or what they are in total ignorance of—is that milk or milk products contribute mucous ONLY WHEN SOME-

THING IS WRONG WITH THE BODY. The solution is not to condemn milk, but to correct the real cause of the disorder. If milk or other animal products are not tolerated by your body, then you need to examine your diet, correct it, and after a period of time slowly resume the full range of wholesome foods. Your body needs milk for calcium to maintain healthy bones and teeth.

Of course, some individuals cannot tolerate cows' milk as well as goat milk. Such people have inherited weak digestive systems and need to be especially careful. Also true is the fact that today man tampers with milk by pasteurization and homogenization. But that does not mean that milk—before man tampers with it—is not good food. Even cheese is sometimes artificially colored with coal-tar dyes—which can cause cancer.

Let us remember, then, to prove all things and beware of "health food fanatics." Use the Bible as a guide to understand what foods are healthful.

News from Around the World

by Garner Ted Armstrong

(Editor's note: You need to be kept posted on the latest trend in world affairs. The items appearing in this column are taken from the *Portfolio*, the Ambassador College campus newspaper, which keeps the students aware of the chaotic world in which we live.)

The "peace at almost any price" attitude of the United States is continuing to shove whatever remaining prestige we may have once had right down the skids to utter oblivion. Almost a time honored ritual of nasty note exchanges and buying friends in Asia has turned both political and economic thumbs down on America. The Communists, proceeding with seemingly robust unconcern over the U.S. muscle-flexing near Formosa, are launching new trade and commerce programs aimed at a few of the more apprehensive nations in the far east.

John Foster Dulles is worried about the Russian interpretation of the "peaceful co-existence" slogan heard floating about in the trashy mill-run of Communist propaganda. The way the Russians interpret "peace" is absolute conformance to Russian world dominance.

Some international relations authorities have the "peaceful co-existence" idea pegged for what it's worth before the world leaders even talk the thing over! For instance, Dr. Gehart Niemeyer of Yale University regards peaceful co-existence with Communists about like the other empty-worded phrases that Moscow has been publishing since 1945. Dr. Niemeyer looks into the future in an article appearing in the U.S. *News and World Report* of December 10, frankly telling Americans of the idiocy in believing we can ever really "change" the Communists' way of thinking.

Pope Pius XII is reported to be regaining strength after a severe attack of gastric origin, even more serious than a previous illness last spring. Word comes from the College of Cardinals that the possibility of the new Pope being chosen (when that becomes necessary) from the ranks other than Italian is not too remote. The next Pope *could* be the man who will unite Europe!

The flushed faces of Americans busily spending millions of dollars on useless presents to trade with one another are partially the result of the promise of more money and less work next year. Anytime someone in Washington tells the public it's "taxes going down—wages going up," people start spending

money like they really had it to spend. Meanwhile, the promise of economic prosperity for the coming year here at home has the excited westerners completely oblivious to the ominous rumblings coming from Germany. West Germany is riding high on the crest of a new wave of economic and industrial prosperity, all the while convincing the US and Great Britain of the *very evident* feelings against that new German army. Feelings or no feelings, it's a fairly safe prediction that army will begin really taking shape next summer! Regardless of seemingly reluctant attitudes from Germans themselves—*watch for it—it's prophesied!*

Startling news of increasingly faster methods of delivering atomic and hydrogen warheads on enemy targets can't even turn the heads of a stubborn, "shock-proof" society of sin—but some of the top-level scientists are *scared!*

They SHOULD BE!

Even the terrifying German V-2 missile that came screaming out of the skies on England during World War II looks like the inventor's first attempt when compared with the new developments being unveiled by science. There are missiles now capable of carrying atomic or hydrogen warheads across the Atlantic in as little as 30 or 40 minutes! The IBM (for intercontinental ballistic missile) would be projected hundreds of miles into the stratosphere, where it would travel at a speed of from 4,000 to 5,000 miles an hour, to come crashing down on an unsuspecting city like a miniature hell-fire! *Against such super-destructive weapons there can be no defense!*

The resignation of Japan's Prime Minister Yoshida touched off the initial spark that will smoulder for a number of years, finally igniting into a blaze of full-fledged Communism. We know from prophecy Asia will finally be entirely devoured by the Communists, and it's not strange to learn the successor to Yoshida, who is Ichiro Hatoyama, has Socialistic leanings, and favors trade with Russia and Communist China. Such phrases as "resurgent nationalism" can be seen in leading news magazines with reference to Japan.

The United States and Great Britain are failing to learn the lessons written in the blood of millions through the centuries. It's no longer a question of "maybe there'll be another war" but *when!* In the face of undeniable facts, Americans and all stiff-necked Israel

continue in their undisturbed complacency, crying "Peace! Peace!" (when there is no peace) and kidding themselves it will all work out somehow! The message being thundered to Israel hasn't changed—it's WAKE UP! Or be destroyed!

EDUCATION

(Continued from page 4)

but the assertion of the natural rights of man led to the belief that children should be properly trained to meet the world.

Rejected the Bible

Educators did not look to God's revelation for instruction on founding an educational system. They used their *human reason* and adopted NATIONAL SYSTEMS OF PUBLIC EDUCATION. Because they rejected the superstitions of the Church of the Middle Ages, educators rejected religion in general. They assumed that the pagan practices foisted upon the world during the preceding centuries came from the Bible! This demonstrates how little they studied to prove what they believed. If educators did not know how to arrive at the truth, how could their pupils be expected to?

The situation is no better today. Instructors are slaves to their textbooks—slaves to "authorities" who disagree among themselves.

Your neighbors probably see little that is wrong with modern universal education. They are not aware of the trend in modern education—a trend into materialism and specialization *without training the character* and mind of man to control and utilize his discoveries.

Children are just not being taught that spiritual and technical knowledge go hand in hand. The rules of right living are not understood because the entire society has departed from God's ways. While humanity has suddenly progressed UP the road of industrial achievement, we are at the same time traveling *down* the highway of greed and vanity. Instruction in self-control and character development is lacking in the home, the school and the church.

Instead of our material comforts creating more joy, there is no nation on the face of the earth which is so mentally sick with criminal motives as the United States! We haven't been trained to use the material inventions we possess.

The Opportunity We Face

Do we realize that we have a privilege which none outside of the Church of God possess—or know about? Perhaps you have never had opportunity for the fundamental or technical training which you have needed through life.

(Please continue on next page)

But that is the least important. The most important part of education is character development—becoming like God—patterning your life after His. That part of education you can obtain in your own home through prayer and diligent study.

God is training you during this life to enter the profession of being God. The functions of God are multitudinous, beyond our comprehension.

God is perfect. He always makes the right decision, He is always fair, always kind. Jesus commanded us to become *perfect* as our heavenly Father. This life is the moment in which to learn to use the time, the opportunities, the material wealth we possess. We need to apply ourselves on our jobs or in our homes. We need to study every part of the Bible till we become familiar with it. This is no small task. If we handle this responsibility well—if we make use of our opportunities just as Christ would do if He were here, then it will be said of us: "He that is faithful in that which is least *is faithful also in much*" (Luke 16:10).

Your Part in Changing World

(Continued from page 2)

Is YOUR body presented as a *living* sacrifice to God? Or are you *stealing* the life that Jesus *bought* and *paid* for, and putting it to your *own* use?

There is no point whatever in "kidding" ourselves. *Eternal life* in God's kingdom is a mighty wonderful gift.

Are you zealously preparing and *qualifying* yourself by *your part* in God's work *now*?

THE BIBLE ANSWERS

Short Questions

FROM OUR READERS

Is Mary the "Queen of Heaven?"

Mary is dead. She is awaiting the resurrection at the return of Jesus Christ. *Nowhere* in Scripture do we find that Mary was assumed into heaven as its "Queen."

Then what is the origin of the false doctrine that Mary is "Queen of Heaven"?

In Jeremiah 7:18 God *forbids* the worship of the pagan "Queen of Heaven." God, the Father, is supreme King. He has no mortal woman as His Queen! The spreading doctrine that Mary is the divine "Queen of Heaven" stems directly from rank paganism. Here is its origin.

"The worship of the goddess-mother with the *child in her arms* continued to be observed in Egypt till Christianity entered . . . *Instead of the Babylonian goddess being cast out . . . her name only was changed. She was called the Virgin Mary*, and, with her child, was worshipped with the same idolatrous

feeling by *professing* Christians . . . as formerly by pagans" (*Hislop*, p. 82).

Christ, pictured *constantly in His mother's arms* is shown to be less powerful than His mother! Here, then, we see how, once again, a *present form* of worship has originated from the same old source—Babylon! What is the attitude of many churches today regarding this?

One Church holds that "IT IS NOT SO MUCH THE SEED OF WOMAN, AS THE WOMAN HERSELF, THAT WAS TO BRUISE THE HEAD OF THE SERPENT. In defiance of all grammar she renders the Divine denunciation against the serpent thus: 'She shall bruise thy head, and thou shalt bruise *her* heel.'"

"It is well known that Semiramis was worshipped by the Babylonians and other eastern nations as Rhea, the great goddess 'Mother.' It was from her son, however, that she really derived all her glory and claims to deification. That son, though represented as a child in his mother's arms, was a person of great stature and immense bodily powers, as well as most fascinating manners. In Scripture he is referred to (Ezek. 8:14) under the name of Tammuz . . . Now while the mother derived her glory . . . from the divine character attributed to the child in her arms, the mother in the long run practically *eclipsed* the son" (*Hislop*, pp. 21, 74-76, 80).

NOTICE!

We regret that this issue of *The Good News* has been delayed. It was necessitated by the financial strain imposed by the publication of the Correspondence Course. Your prayers are needed to keep this work of God constantly expanding.

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